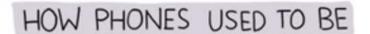
Past habit

Hello and welcome back, in this lesson we will be talking about things that happened in the past but don't happen anymore.

We will look at how we can do this in many different ways.





Used to

We can use 'used to' to talk about past states.

We used to live in New York when I was a kid.



There didn't use to be a petrol station there.



Or we can use 'used to' to talk about repeated past actions

I used to go swimming every Thursday when I was at school.



I used to smoke but I gave up a few years ago.



Remember:

'Used to' is only for past states/actions that don't happen now –.

We can't use it for things that still happen now.

Also, 'used to + infinitive' should not be confused with 'be/get used to + 'ing' form'



Would

We can use 'would' to talk about repeated past actions.

Every day I would drive to work.



My teachers would always say "Sit down!"



Often either 'would' or 'used to' is possible.

Both of these sentences are possible.

Every Saturday, I would go on a long bike ride. Every Saturday I used to go on a long bike ride.



However, only 'used to' is possible when we talk about past states.

We used to live in New York when I was a kid.

We would live in New York when I was a kid.

Past simple

We can use the past simple in the same way as '**used to**' and '**would**' to talk about repeated past actions.

We went/used to go/would go to the same beach every summer.



We can also use the past simple for past states.

I went to new York in 2005.



I had/used to have a dog.



However, if something happened only once we can't use 'used to' or 'would' we must use the past simple.

